

FREE ACTIVITIES ACROSS EAST AYRSHIRE

Health Walks

We offer three different health walks: A Monday afternoon walk alternating between six different routes, a Wednesday evening walk in Kilmarnock and a fortnightly Friday walk in Dean Castle Country Park.



Dr Bike

Unsure if your bike is safe to ride? Is something not feeling quite right? If you'd like our mechanic to safety check your bike free of charge, book it in to our next Dr Bike service

Cycle Confidence sessions

Does the thought of cycling fill you with anxiety? Or do you feel uncomfortable when cycling on the road? Whatever your level or needs, we can tailor 1:1 sessions to get you cycling with confidence. Just drop us an email





Led Rides

We organise beginner-friendly rides all across East Ayrshire. See our current rides on our Eventbrite page

Drop us an email or sign up for free on Eventbrite

 info@activetravelhubkilmarnock.org

 [@travelhubkk](https://twitter.com/travelhubkk)

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 Active Travel Hubs Ayr & Kilmarnock

